

CO-ED YOUTH BASKETBALL LEAGUE

JERSEY SHORE BRANCH YMCA | 2026-27 WINTER SEASON | GRADES 1-6

IMPORTANT DATES

SKILLS NIGHTS: Each player **MUST** attend at least one but it is encouraged they attend both.

- 1st & 2nd Grade: Wednesday, October 21st | 6:00 – 7:00 PM (one night only)
- 3rd & 4th Grade: Thursday, October 22nd & Friday, October 23rd | 6:00 – 7:00 PM
- 5th & 6th Grade: Saturday, October 24th & Monday, October 26th | 6:00 – 7:00 PM

PRACTICES BEGIN

Week of November 2nd

REGULAR SEASON RUNS

December 5th – January 30th

OPTIONAL PLAYOFFS

February 6th & 13th

REGISTRATION INFORMATION

\$80 YMCA MEMBERS | **\$110** NON-MEMBERS



REGISTRATION DEADLINE: FRI., OCTOBER 16TH

Financial assistance is available! Please see the front desk for an application.

Spots are limited and may fill before the deadline. Submit all paperwork and payment as soon as possible to secure your spot. A waiting list will be offered once full. Absolutely NO registrations accepted after October 23rd.

Please note: Due to the size of the league, we are unable to accommodate individual requests for practice days or times. Once teams are drafted, all placements are final and no changes will be made under any circumstances.



NEW THIS SEASON: PARENT-RUN CONCESSION STAND!

Help up keep the concession stand open on game days! This season, concessions will be powered by parent and guardian volunteers. Families can volunteer for a shift before or after their child's game. The YMCA provides the food, supplies, and setup – volunteers simply show up and run the stand! Volunteer sign-ups will be sent once the game schedule is finalized.

9AM – 12PM OR 12PM – 3PM* • TWO VOLUNTEERS PER SHIFT • NO VOLUNTEERS = NO CONCESSIONS!

*Shift times may change based on the number of teams and games scheduled.

PLAYER INFORMATION

Child's Name: _____ Age: _____ Date of Birth: ____/____/____

Grade: _____ T-Shirt Size: _____ Preferred Jersey Number: _____

PARENT / GUARDIAN INFORMATION

Parent / Guardian Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone #: _____

EMERGENCY CONTACT

Emergency Contact Name: _____

Phone Number: _____ Relationship: _____

WAIVER & RELEASE

1. I hereby certify that _____ is in normal health and capable of participating in the 2026–2027 Winter Youth Basketball League.
2. I understand that exercise and use of the facilities are being taken at my own risk, and that I am responsible for any physical injuries, damages, actions, or causes of action whatsoever to persons or property resulting from or connected with the use of the services of the YMCA. The Jersey Shore Branch YMCA and its contributing organizations cannot be held responsible for any personal injury or damages during the season. I also understand that registration fees are non-refundable unless extreme circumstances warrant.

By signing below, I acknowledge that I have read and understand the above waiver and agree to the terms and conditions of participation in the Jersey Shore Branch YMCA Winter Youth Basketball League.

Player Signature: _____ Date: _____

Parent / Guardian Signature: _____ Date: _____

JERSEY SHORE BRANCH YMCA – CODE OF CONDUCT

Participants, coaches, and parents are representatives of the YMCA and are expected to:

- Demonstrate the YMCA values of Honesty, Respect, Caring, and Responsibility.
- Practice good sportsmanship at all times.
- Treat players, coaches, officials, parents, spectators, and YMCA staff with respect.
- Follow the direction of coaches, officials, and YMCA staff.
- Use appropriate language and behavior. Profane, abusive, or disrespectful behavior will not be tolerated.
- Maintain safe behavior. Rough-housing and potentially harmful items are prohibited.
- Set a positive example for teammates and younger participants.
- Respect YMCA facilities, equipment, and property.
- Maintain a substance-free environment. Drugs, smoking, vaping, and alcohol are prohibited.

DISCIPLINARY ACTION

Depending on the severity of the misconduct, disciplinary action will be taken against all offenders of the Code of Conduct. Consequences may include one or a combination of the following:

- Receive a verbal warning from the class instructor, coach, referee and/or management staff.
- Ejection from class, game, or meeting.
- Suspension from all classes, league or team activities for a period of time which will be determined by the class instructor, coach, referee and/or management staff.
- All class, league, team or YMCA privileges revoked with no refund of fees paid.

ADDITIONAL INFORMATION FOR PARENTS / GUARDIANS

- **Season Format:** The league consists of an 8-week regular season, with games played on Saturdays at the Jersey Shore Branch YMCA. Optional playoffs are offered for 3rd & 4th and 5th & 6th Grade Divisions.
- **Skills Nights:** Skills Nights allow players to be evaluated individually to help create teams that are as even and balanced as possible.
- **Positive Environment:** Encourage all players and remember that everyone develops at their own pace!
- **Let Coaches Coach:** Please allow coaches to focus on teaching, coaching, and developing their players.
- **Respect Our Refs:** Referees are volunteers and are often high school or college students. Disrespect, arguing, or calling out to officials will not be tolerated.
- **Be Supportive:** Support and cooperate with coaches, officials, players, and other families.
- **Keep It Fun:** Help us make YMCA Youth Basketball a positive and enjoyable experience for everyone.

By signing below, I acknowledge that I have read and understand the YMCA Code of Conduct and Disciplinary Action Policy and agree to follow these expectations throughout the Youth Basketball season.

Player Signature: _____

Date: _____

Parent / Guardian Signature: _____

Date: _____

LEAGUE RULES & REGULATIONS

Game Play:

- 1.* Each game will be four (4) quarters of eight (8) minutes each. The clock will be running EXCEPT during dead balls in the last two (2) minutes of regulation and halftime – as long as the game is within 10 points.
2. Each player has five (5) personal fouls.
3. Each team has two (2) timeouts per half. These will be recorded; a team technical foul will be issued if a time out is called after the 2nd time out of the half. Time outs are approximately thirty (30) seconds.
4. Free throws: Players may enter the lane after the ball leaves the shooter's hands.
- 5.** Teams may only full-court press in the 2nd half (and only in the 4th quarter for 3rd & 4th Grade Divisions). If the team is up by ten (10) points or more, they may not full-court press.

*1st & 2nd Grade Divisions: The clock will be running EXCEPT during time-outs and between quarters.

**Does not apply to 1st & 2nd Grade Divisions.

Overtime:

1. Overtime will consist of a two (2) minute period, running clock.
 2. Each team will receive one additional timeout per overtime period.
 3. There will be a two (2) overtime period maximum. Game will end as a tie if a winner is not declared after the second overtime period.
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Team Composition:

1. Teams may not consist of a roster with more than ten (10) players.
 2. Players may only be listed on one team roster within the league.
 3. The YMCA has the right to add a player to a team if a player registers after the season begins.
 4. At least four (4) players are required to play a game.
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Other League Rules:

1. Team jerseys (shirts) of the same color are required! All players must have a number on the back of the shirt – no duplicate numbers! The YMCA will provide jerseys recognizing the Youth Basketball sponsor of the season.
2. The YMCA will provide a clock keeper, statistic keeper, and two referees for each game.
- 3.* Games are rarely canceled because of weather – if we don't call your coach, the game is on!
4. We provide officials for your benefit – unacceptable behavior will not be tolerated. Technical fouls and/or penalties will be assessed!
5. 1st & 2nd Grade Divisions: Hoops for game play will be lowered to 8 feet in height to accommodate ages of players.

*1st & 2nd Grade Divisions: Team coaches will referee their own games and provide instruction when needed.

Technical Fouls and Conduct Penalties:

1. Two (2) Cumulative Technical Fouls in a Season – Player or Coach must sit out next game.
2. It is REQUIRED that teams shake hands or other forms of appropriate acknowledgment (i.e. fist bump or head nod) after each contest. Unsportsmanlike conduct is absolutely NOT tolerated at the YMCA.
3. Team coaches are responsible for educating their players and spectators on the rules!
4. Remember, we play basketball because we enjoy the sport...play hard and have FUN!

Note: Rules are subject to change at any time. All matters and/or incidents may be subject for further review by the YMCA Program Director.